CLAIM AMENDMENTS

This listing of claims replaces all prior versions and listings of claims in the application.

- (Currently Amended) A method for weight control in a mammal, comprising:
 administration of a composition to a mammal, the composition comprising:
 Caffeine, Adrenergic Amine, Forskolin, Guggulsterone, Alpha-2 Receptor Antagonist, and Vinca Alkaloid.
- 3. (Previously Presented) A method as in claim 2 further comprising Black Pepper Extract.
- 4. (Previously Presented) A method as in claim 2 wherein said Adrenergic Amine is selected from the group consisting of Synephrine, Hordenine, Octopamine, Tyramine And N-Methyltyramine.
- 5. (Previously Presented) A method as in claim 2 wherein said Alpha-2 Receptor Antagonist is Yohimbine.
- 6. (Previously Presented) A method as in claim 2 wherein said Vinca Alkaloid is Vinpocetine.
- 7. (Previously Presented) A method as in claim 2 wherein said administration comprises a therapeutically effective dosage.
- 8. (Previously Presented) A composition comprising Caffeine, Adrenergic Amine, Forskolin, Guggulsterone, Alpha-2 Receptor Antagonist, and Vinca Alkaloid.
- 9. (Currently Amended) A composition as in claim 7 8 further comprising Black Pepper Extract.

10. (Currently Amended) A composition as in claim 7 8 wherein said Adrenergic Amine is selected from the group consisting of Synephrine, Hordenine, Octopamine, Tyramine And N-Methyltyramine.

- 11. (Currently Amended) A composition as in claim 7 8 wherein said Alpha-2 Receptor Antagonist is Yohimbine.
- 12. (Currently Amended) A composition as in claim $7 \underline{8}$ wherein said Vinca Alkaloid is Vinpocetine.
- 13. (Currently Amended) A composition as in claim 7 <u>8</u> wherein said administration comprises a therapeutically effective dosage.
- 14. (Currently Amended) A composition as in of claim 7 8 formulated for enteral administration comprising said unit dosage form admixed with flavors and sweeteners.
- 15. (Currently Amended) A composition <u>as in</u> of claim 7 <u>8</u> formulated for enteral administration comprising said unit dosage form contained in blended powder or one or more capsules.
- 16. (Currently Amended) A composition <u>as in according to claim 7 8</u> wherein said composition is in the form of a powder, tablet, capsule, pill, liquid, food additive, candy, confection or nutrition bar.
- 17. (Currently Amended) A composition <u>as in according to claim 15</u> wherein said powder is admixed with a liquid.
- 18. (Currently Amended) The composition as in of claim 7 in a sustained release form.
- 19. (Currently Amended) <u>A</u> An composition for enteral or parenteral administration comprising: 100 mg to about 500 mg by weight of Caffeine, 5 to 80 mg by weight of <u>an</u>

Adrenergic Amine, 5 mg to 100 mg by weight of <u>a</u> Forskolin, 5 mg to 80 mg by weight of <u>a</u> Guggulsterone, 5 mg to 50 mg by weight of <u>an</u> Alpha-2 Receptor Antagonist, and 5 to 50 mg by weight of <u>a</u> Vinca Alkaloid, <u>wherein the weight is an amount of an active ingredient of the compound.</u>

- 20. (Currently Amended) A method <u>as in</u> according to claim 2, wherein administering the administration is performed on a daily basis.
- 21. (Currently Amended) A method <u>as in according to claim 20 19</u>, wherein said daily administration comprises at least two partial daily administrations of said composition.
- 22. (Currently Amended) A method <u>as in according to claim 2</u>, wherein administering the administration is performed following an exercise period.
- 23. (Currently Amended) A method <u>as in according to claim 2 20</u>, wherein the <u>administration performed on a daily basis comprises administering the composition to a mammal in comprises an amount of from about 125 mg to about 1310 g per day.</u>
- 24. (Currently Amended) A method <u>as in according to claim 2 20</u>, wherein the <u>administration performed on a daily basis comprises administering the composition emprises to a mammal</u> an amount of <u>from</u> about 270 mg to about 810 mg per day.
- 25. (Previously Presented) A method as in claim 2 wherein said administration comprises a single daily administration.
- 26. (Currently Amended) A method as in claim 2 wherein said administration comprises partial daily administration, said partial daily administrations administration comprising at least one nutrient selected from the group comprising Caffeine, Adrenergic Amine, Forskolin, Guggulsterone, Alpha-2 Receptor Antagonist, and Vinca Alkaloid.

27. (Currently Amended) A An method for weight control in a mammal, comprising: administration of a composition to a mammal, the composition comprising emposition consisting essentially of 74.10% Caffeine in a daily dose of from about 10 mg to about 500 mg, or in various doses throughout the day of from about 2.5 mg to about 125 mg, 7.41% Synephrine, 7.41% Forskolin, 7.41% a Guggulsterones in a daily dose of from about 5 mg to about 80 mg, or in various doses throughout the day of from about 1.25 mg to about 20 mg-1.84% Yohimbine in a daily dose of from about 5 mg to about 50 mg, or in various doses throughout the day of from about 1.25 mg to about 6.25 mg, and 1.84% Vinpocetine in a daily dose of from about 5 mg to about 25 mg, or in various doses throughout the day of from about 1.25 mg to 6.25 mg, and one or more compounds selected from the group consisting of: Synephrine in a daily dose of from about 5 mg to about 5 mg to about 20 mg and Forskolin in a daily dose of from about 5 mg to about 5 mg to about 20 mg and Forskolin in a daily dose of from about 5 mg to about 100 mg, or in various doses throughout the day of from about 5 mg to about 20 mg and Forskolin in a daily dose of from about 1.25 mg to about 25 mg, wherein the dose is an amount of an active ingredient of the compound.

- 28. (Currently Amended) A composition according to as in claim 7 27 wherein said compound weights are adjusted according to predetermined factors.
- 29. (Currently Amended) A composition according to <u>as in</u> claim 27 <u>28</u> wherein said predetermined factors include an individual's weight.
- 30. (Currently Amended) A composition according to <u>as in</u> claim <u>27 28</u> wherein said predetermined factors include an individual's exercise intensity.
- 31. (Currently Amended) A composition according to as in claim 27 28 wherein said predetermined factors include an individual's lean body mass.
- 32. (Currently Amended) A composition according to as in claim 27 28 wherein said predetermined factors include an individual's proportion of body fat to lean body mass.

33. (Currently Amended) A composition according to as in claim 27 28 wherein said predetermined factors include an individual's desire to increase energy.

- 34. (Currently Amended) A composition according to <u>as in</u> claim <u>27 28</u> wherein said predetermined factors include an individual's desire to increase stamina.
- 35. (New) A method for weight control in a mammal, comprising:

administration of a composition to a mammal, the composition comprising a Vinca Alkaloid and one or more compounds selected from the group consisting of: an Adrenergic Amine, Caffeine, a Forskolin, a Guggulsterone, an Alpha-2 Receptor Antagonist, and a black pepper extract in the form of piperine or other compound.

- 36. A method as in claim 35 comprising a Vinca Alkaloid, Caffeine, an Adrenergic Amine, a Guggulsterone, an Alpha-2 Receptor Antagonist, and a black pepper extract in the form of Piperine or other compound.
- 37. A method as in claim 36 wherein the Vinca Alkaloid is Vincepotine, the Adrenergic Amine is Synephrine, the Alpha-2-Receptor Antagonist is Yohimbine, and the black pepper extract is Piperine.
- 38. (New) A method as in claim 35 comprising a Forskolin, Caffeine, a Vinca Alkaloid, a Guggulsterone, an Alpha-2 Receptor Antagonist, and a black pepper extract in the form of Piperine.
- 39. (New) A method as in claim 38 wherein the Vinca Alkaloid is Vinpocetine, the Alpha-2 Receptor Antagonist is Yohimbine, and the black pepper extract is Piperine.
- 40. (New) A method for weight control in a mammal, comprising:administration of a composition to a mammal, the composition comprising aVinca Alkaloid and one or more compounds that increase the levels of cyclic AMP in a

mammal, or exert an action similar to cAMP in a mammal.